



All APOS transfer patients are invited to  
enjoy a free floatation experience  
when you come for your next follow up



1 hour float is equivalent  
to 4 hours sleep



#ejphysio



@emmajamesphysio



facebook.com/EmmajamesPhysiotherapy



youtube.com/user/ejphysio

CALL **01442 870686** TO BOOK A SESSION  
reception@ejphysio.co.uk [www.ejphysio.co.uk](http://www.ejphysio.co.uk)

3 The Old School House, George St, Hemel Hempstead, Herts, HP2 5HJ

All APOS transfer patients that come for a follow up to Champneys will receive

40% discount off  
a stay at Champneys



50% off a first pay-as-you-go consultation  
and 30% off membership.

Your Doctor is your local private GP service offering general medical services and proactive support to help you and your family stay healthy. Our doctors offer the best possible medical care by giving you both a highly personalised service and lengthy appointments, in which they have time to get to know you as their patient.

At Your Doctor we understand the pressures of modern family life. For your convenience, our state-of-the-art technology offers you the ability to access GP appointments, results and treatment history, all through your own dedicated patient portal.

[lisa.dicuffa@your-doctor.co.uk](mailto:lisa.dicuffa@your-doctor.co.uk)    [www.your-doctor.co.uk](http://www.your-doctor.co.uk)



#ejphysio



@emmajamesphysio



[facebook.com/EmmajamesPhysiotherapy](https://facebook.com/EmmajamesPhysiotherapy)



[youtube.com/user/ejphysio](https://youtube.com/user/ejphysio)

CALL **01442 870686** TO BOOK A SESSION  
[reception@ejphysio.co.uk](mailto:reception@ejphysio.co.uk)    [www.ejphysio.co.uk](http://www.ejphysio.co.uk)

3 The Old School House, George St, Hemel Hempstead, Herts, HP2 5HJ