



INTEGRATED POST NATAL PHYSIOTHERAPY & FUNCTIONAL FITNESS

This is to certify the attendance of:

Emma James

On

The Mummy MOT® Professional Training Course

2-day Women's Health Course - (16 CPD hours)

Course Date: 24/25th September 2016

Tutors: Maria Elliott & Jenny Burrell

*Mummy MOT founder, **Maria Elliott** has 25 years' experience as a Specialist Post-natal Chartered Physiotherapist and an APPI Pilates instructor. She specialises in pre-natal and post-natal physiotherapy as well as treating and coaching women with Chronic Pelvic Pain. She is an expert in RDA recovery and complex pelvic pain.*

***Jenny Burrell** is one of the UK's leading professionals in the field of modern pregnancy, post baby, 3rd age and female-centric fitness and bodywork therapy. She is also the founder of Burrell Education, the UK's only REPs Endorsed Licensed Education Provider & CYQ Approved Fitness Education Provider dedicated solely to education*

