

## **PRESS RELEASE**

**Dr Colin P Crosby M.A. (Oxon), F.F.S.E.M. (UK), F.F.S.E.M(I)  
M.B., B.S. (Lond), L.R.C.P., M.R.C.S**

**8 November 2006**

Dr Colin Crosby, the Director of the Department of Sport Medicine at the Garden Hospital in North London, has been appointed a Foundation Fellow of the new Faculty of Sport and Exercise Medicine (UK).

The Faculty has been set up to develop the training and qualification of doctors in Sport and Exercise Medicine which the Department of Health has recently designated the newest speciality within the NHS.

The Faculty will set the curriculum and examinations for trainees in the new speciality with emphasis being placed on early diagnosis, investigation and rehabilitation of all sport and exercise related injuries, as well as training doctors in emergency pitch side medicine and on the use of specific Exercise Prescription programmes to help treat and prevent obesity, high blood pressure, high cholesterol, diabetes, heart disease, stroke and arthritis.

Under the aegis of the new Faculty, the UK will be able to field a world class team of fully qualified Sports Physicians both for the 2012 Olympics and for the future health of the nation.

Dr Crosby (52), one of the very few full time Specialists in Sports and Exercise Medicine in the UK, is a University Lecturer in Sports Medicine and has recently been appointed as the President of the Sports Medicine Section of the Royal Society of Medicine, which holds a regular programme of academic lectures within the field.

He is also Sports Medical Advisor to several organisations including Creechurch Underwriting Ltd., Catalyst Health & Fitness and the Champneys Group.

He consults at the Department of Exercise and Sports Medicine at the Garden Hospital (020 8203 6832), The Princess Grace Hospital Consulting Rooms at 30 Devonshire Street, London W1 (020 7908 3602), The City of London Medical Centre (020 7488 9400) and The London Iryo Centre (020 8202 7272).

For further information on the new Faculty of Sport and Exercise Medicine, contact them on: 0131 527 3409 or e-mail at [y.gilbert@rcsed.ac.uk](mailto:y.gilbert@rcsed.ac.uk)

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