



Chartered Physiotherapy  
& Clinical Pilates

## Dacorum Business Awards 2006

Small business of the year sponsored by Charles Church



THE TEAM: from left, Leah Holdroyd, Brett Warman, Emma James, Sam Balnaves, Karen Redding and Jo Regardsoe. 06-1076-114

### WINNER - Emma James Physiotherapy

A BOXMOOR physiotherapist has brought the type of top quality treatment on offer in London to patients in Hemel Hempstead.

Emma James Physiotherapy and Clinical Pilates opened in Fishery Passage in January 2004.

The company has won

this year's Small Business of the Year category.

Owner Emma James only decided to enter the business into the Dacorum Business Awards after one of her clients suggested that she should.

She said: "This is a really good boost for the practice. We are all working so hard

and anything that improves recognition locally is a fantastic thing."

Business has boomed at the centre, which offers a whole package of physiotherapy, pilates and a rehabilitation gym.

29-year-old physiotherapist Mrs James said: "I set up the business

when I moved into the area about four years ago because I wanted to provide excellent customer service in terms of physiotherapy, because I have worked in lots of excellent centres in London, which I wanted to bring to this area."

The company has also opened in-house clinics

inside offices, including DSG in Maylands Avenue, Hemel Hempstead and London based firms.

Next Mrs James plans to open a creche at its Boxmoor base so that new mums can come for physiotherapy treatment without having to worry about child care.